



# An Office on Aging Publication Summer 2009

# The RSVP program now has a Website!!



The Office on Aging and RSVP now has a website for you to visit. You can now access the latest RSVP news and information 24 hours a day. All the forms you need are right at your finger tips along with the latest volunteer opportunities!! Our new web address is <a href="https://www.sanjoseca.gov/prns/officeonaging">www.sanjoseca.gov/prns/officeonaging</a> and be sure to bookmark our webpage!!

#### **Report your Volunteer Hours Online!!**

\*\* Volunteers who are asking for mileage/meal reimbursement are not able to report their hours online at this time.\*\*

No need to hassle with mailing, faxing or personally having to drive down to turn in your volunteer timesheets. If you are interested, you can now submit your Monthly Reports online at <a href="www.sanjoseca.gov/prns/officeonaging">www.sanjoseca.gov/prns/officeonaging</a> This will save you time, us time and reduce the amount of paper we use. To report your volunteer hours online follow these steps;

<u>Step 1-</u> Go to <u>www.sanjoseca.gov/prns/officeonaging</u> and click on the link that says Retired and Senior Volunteer Program, then click "**Post Hours**".

<u>Step 2-</u> In the User Name box type your name with no spaces; for example JohnDoe.

<u>Step 3-</u> In the Password box type the default password, "**RSVP**" and then click Ok.

<u>Step 4</u>— In the next window, you can create your new User Name and Password and click Ok. Your username and password are not case sensitive. You are now registered and can post your hours online. Please remember to post them by the 8th of the following month.

Your information comes straight to our office and is collected for our records and reimbursement. If you need help or have questions please contact Cory Hunt or Tracey Gott at 408-979-7906.

#### **In This Issue:**

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(Please Read!)

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# Special points of interest:

Volunteers Needed!!
 Check out the latest
 Volunteer
 Opportunities.





#### RSVP Volunteer Recognition Event

#### Dear RSVP Volunteers:

This year we are excited to present our volunteers with a different type of recognition event! Beginning in August, all volunteers who have served at least 3 months in our previous grant year (April 1, 2008 – March 31, 2009) will receive a packet in the mail with different gift packages to select. The gifts will range from an outing to the San Francisco aquarium to gift cards to local stores or businesses. The volunteer then makes their decision, sends back their response and we will distribute the gifts in October.

While we recognize that many of our volunteers appreciate the annual luncheon we host every year, we have decided to change the event for this year for several reasons. The cost to host a luncheon has risen over the years and the number of volunteers has also increased (which is a wonderful thing!). Unfortunately, after looking at our budget we realized we are going to have to get creative with recognition and start looking at other ways we can say "thank you" to our volunteers. We will still have luncheons, though they may not occur every year. Another reason for changing the event is that we recognize not all of our volunteers can attend our luncheon and by doing the recognition this way, each of our 1,200 registered, eligible volunteers will have the opportunity to receive a little appreciation gift from RSVP.

We will still recognize those outstanding volunteers and those volunteers with 20 years of service. Volunteer stations will be asked to send in nominations of outstanding volunteers or volunteer groups and in our October newsletter we will highlight those volunteers who have been nominated. We will make every effort to visit those volunteer stations to present them with their certificates and awards.

We are very fortunate to have such a dedicated group of volunteers and it is our hope that you enjoy your gift from us. While we know it is a change from the way we normally host recognition events, we are excited to be able to offer this opportunity for our volunteers. If you have any comments, suggestions, ideas for our program, please contact us at (408) 979-7906 or visit our website at: www.sanjoseca.gov/prns/officeonaging and give us your feedback.

Thank you for all you do!

**Tracey Gott** 









# **RSVP Monthly Report Reminders:**

- 1.) If you volunteer at more than one site, please group your sites together on your monthly report (see below for example)
- 2.) Please remember to round mileage and hours up or down the nearest ½ or whole number.
- 3.) You do not need to enter the time of your shift (10-2), you just need to enter the hours.
- 4.) Please remember to have your volunteer supervisor sign your report, especially if you are requesting mileage reimbursement.
- 5.) If you are requesting mileage reimbursement, the mileage should be consistent from your home to the volunteer site.
- 6.) Please remember to have your report in to our office by the 8<sup>th</sup> of every month if you are asking for reimbursement and turn it in late you may not be eligible for any reimbursement.

		For the month		P Monthly Report	0 <u>9</u>
	N	o Reimbursem	ent for re	ports received after the 8th of th	e month.
Name.		3-4567			
Please P	rint	Last	F	irst	
		USO & K			
Do you		nbursement for r			Yes No
IF YO				l/or meal receipts. WILL NOT BE REIMBURSED.	$\mathbf{X}$
Date	Hours	MILEAGE: Round trip from home to station only	Meals: Dollar Amount	VOLUNIEER ACTIVITY/ASSIGNMENT	RSVP Office Use Only  Date Rec'd
5/4	3.5	7		USO	Not Registered Status
5/11	4	7		USO	
5/18	3.5	7		USO	
					miles X
5/5	5	15		KAISER	= \$ Meals
5/12	4	15		KAISER	Bus Bus
5/19	4	15		KAISER	Other
					Check Amount
Front Total	24	66			Initial
Back Total					Director
Totals	24	66			QUESTIONS??
		One Volur		Date: 5/30/09	RSVP Phone Number (408) 979-7906
Supervis	or's Signatu	re Volunteer	Superv	isor	DEVD For Number





### Welcome our RSVP Volunteers for the months of April—June

Trudy Blackmore Ed Del Prete Isabella Fickel Renuka Khosla

Susan Lam John F. Leonard Helen Loyd Lucia Mabie

Carol McDuffey David Mishima Mark Mullinix Ron Nordquist

Shirley Parrish Josephone Preciado Marcial Suba



# Recognizing Volunteers with 15+ years of Service!!

<u>Name</u>	Year Started	<u>Years</u>	<b>Months</b>
Dewing, Louis R.	1/8/1985	24.00	2.00
Siste, Lucy	9/26/1984	24.00	6.00
Tinney, Jason	11/13/1984	24.00	4.00
Wilk, Natalie	8/1/1984	24.00	8.00
Chaffin, Georgene	10/28/1985	23.00	5.00
Chang, I-Yung	9/19/1985	23.00	1.00
Decker, Gwendolyn	10/28/1985	23.00	5.00
LeVasseur, Lavern	7/2/1985	23.00	9.00
Martinez, Elena	9/19/1985	23.00	6.00
Rondone, Beth	8/1/1985	23.00	8.00
Sinozich, Jean	3/12/1986	23.00	0.00
Filarca, Tess	10/17/1986	22.00	5.00
Siquig, Erlinda	9/22/1986	22.00	6.00
Sutcliffe, Theodora	6/24/1986	22.00	9.00
Weller, John E.	1/12/1987	22.00	2.00





# **Recognizing Volunteers with 15+ years of Service!!**

<u>Name</u>	<b>Year Started</b>	<b>Years</b>	<b>Months</b>
LeVasseur, Leo	4/8/1987	21.00	11.00
McClintock, Mildred	7/14/1987	21.00	8.00
Prince, Doris	7/8/1987	21.00	4.00
Atwood, Billie	7/5/1988	20.00	9.00
Barden, Rose	3/31/1989	20.00	0.00
DeCarlo, Mary	8/23/1988	20.00	7.00
Yuen, Pasteur	10/17/1988	20.00	5.00
Aiello, Julie	8/1/1988	19.00	7.00
Cucco, Virginia	8/21/1989	19.00	7.00
DiLoreto, Donna	1/25/1990	19.00	2.00
Giesler, Mary	8/14/1989	19.00	7.00
Glass, Ruth	1/11/1990	19.00	2.00
Hirschfeld, Hilda	1/22/1990	19.00	2.00
Lang, Anna	5/1/1989	19.00	11.00
Trant, Marjorie Carron, Mildred	1/29/1990	19.00	2.00
"milly"	5/30/1990	18.00	10.00
Galang, Raquel	6/12/1990	18.00	9.00
Hazen, Ken	1/7/1991	18.00	2.00
Mano, Josephine	3/18/1991	18.00	0.00
Ochoa, Manuella	6/26/1990	18.00	0.00
Olson-Tiernan, Betty	9/1/1990	18.00	7.00
Perrotti, Ralph	7/1/1990	18.00	1.00
Yasukawa, Sumiko	7/24/1990	18.00	8.00
Avery, Verna	12/2/1991	17.00	4.00
Baldassar, Helen	2/26/1992	17.00	1.00
Carrillo, Connie	4/9/1991	17.00	11.00
Chaverin, Lois	6/25/1991	17.00	9.00
Cozzolino, Ann	1/9/1992	17.00	2.00
Cummings, Mary	3/20/1990	17.00	5.00
Golash, Ellie	3/10/1992	17.00	0.00
Long, Clarence	6/21/1991	17.00	9.00
Lopez, Maria	1/15/1992	17.00	2.00
Luna, Cris	1/15/1992	17.00	1.00
Maldonado, Aurora	3/11/1992	17.00	0.00





# **Recognizing Volunteers with 15+ years of Service!!**

<u>Name</u>	<b>Year Started</b>	<b>Years</b>	<b>Months</b>
Oliveira, Aurelia	4/1/1992	17.00	0.00
Pigula, Adam	12/2/1991	17.00	4.00
Reichle, Jane	6/3/1991	17.00	10.00
Vescera, Mary	5/10/1991	17.00	10.00
Walden, Vesta	10/8/1991	17.00	5.00
Boguslavsky, Michael	3/15/1993	16.00	0.00
Escoto, Caroline	10/1/1992	16.00	6.00
Gervacio, Jemino	9/1/1992	16.00	7.00
Helms, Joan	9/12/1988	16.00	9.00
Huh, Maria Keum	12/16/1992	16.00	3.00
Lutz, Micky	7/9/1992	16.00	8.00
Quintino, Beverly	1/7/1993	16.00	2.00
Quintino, Leo	1/7/1993	16.00	2.00
Rao, Virginia	10/11/1992	16.00	5.00
Shields, Robert	1/13/1993	16.00	2.00
Smith, Jeff	1/13/1993	16.00	2.00
Tamez, Carolina S.	1/25/1993	16.00	2.00
Valencia, Crispin L.	3/17/1993	16.00	0.00
Vanoni, Mary	10/13/1992	16.00	5.00
Chavarria, Fidel A.	5/17/1993	15.00	10.00
Eng, Lisa	4/23/1993	15.00	11.00
Fisher, Walter	5/25/1993	15.00	10.00
Francisco, Christine	5/18/1993	15.00	10.00
Gilbert, Josephine	11/1/1993	15.00	5.00
Kaczanowski, Bill	3/1/1994	15.00	1.00
McGuire, Kathleen	10/15/1993	15.00	5.00
Miller, Margaret	5/25/1993	15.00	10.00
Moak, Rod	11/9/1993	15.00	4.00
Nguyen, Vi	9/7/1993	15.00	6.00
Ogino, George	7/27/1993	15.00	8.00
Ogino, Patty	7/29/1993	15.00	8.00
Ongyod, Richard	1/12/1994	15.00	2.00
Smith, Florence J.	8/26/1993	15.00	7.00
Smoller, Alfred/Leo	1/12/1994	15.00	2.00
Ullmer, Bonnie	3/24/1994	15.00	0.00
Ware, Betty	11/9/1993	15.00	4.00
Williams, Irene	11/9/1993	15.00	4.00



### Volunteer Opportunities

#### -Rebuilding Together

#### **Board Member**

Rebuilding Together Silicon Valley is currently looking for a few new members to serve on its Board of Directors. A great source of potential board members is dedicated volunteers--like yourself--already active with the organization. Board members help set the strategic direction of the organization, help with fundraising events, represent the organization to corporate sponsors, help manage the budget, and help publicize the organization and its mission. If you are interested please contact Emily Dods 408-578-9519 or email at edods@rebuildingtogether-sv.org

#### **Database Entry and Management**

We are looking for someone to take on one or more of these tasks on an ongoing basis:

Enter confidential information into database

Maintain volunteer records accurately

Help with volunteer registration for Rebuilding Day

Prepare mailing lists

Must have strong attention to detail and be very organized, If you are interested please contact Emily Dods 408-578-9519 or email at <a href="mailto:edods@rebuildingtogether-sv.org">edods@rebuildingtogether-sv.org</a>

#### **Graphic Designer**

This volunteer could take on one or more of the following projects:

Redesign sponsor packets

Design newsletter using InDesign

Create outreach materials using InDesign

Improve volunteer outreach materials

Must be Proficient in Adobe Suite and detail-minded, If you are interested please contact Emily Dods 408-578-9519 or email at edods@rebuildingtogether-sv.org

#### **Neighbor to Neighbor Installer**

Volunteer with the N2N program making minor home modifications to improve safety. Volunteer opportunities occur every Thursday (sometimes other days of the week as well). Work in groups of 2-6 to install hand rails, grab bars, lever door knobs and faucet handles aimed at improving safety, accessibility and independence for low-income homeowners. Some projects include building steps and ramps as well. Minor carpentry, electrical or plumbing skills needed. If you are interested please contact Emily Dods 408-578-9519 or email at edods@rebuildingtogether-sv.org





### Volunteer Opportunities

#### -Second Harvest Food Bank-Brown Bag Program

We are looking for volunteers to help the Brown Bag food distribution at various sites throughout Santa Clara County. Brown Bag is a weekly food distribution membership program for low-income seniors. You can help us with food distribution, setting up and cleaning up food for distribution, unloading the Food Bank truck and helping with home deliveries. Also needed are clerical, translators who speak; English /Chinese/ Vietnamese/ or Russian. Please contact Christina Castillo at (408) 266-8866 x 224 or <a href="mailto:castillo@shfoodbank.com">ccastillo@shfoodbank.com</a>

#### -Reading Partners

Reading Partners is a local educational nonprofit organization, seeking volunteers to assist students from local San Jose elementary school students struggling with reading. One-on-one tutoring takes place directly on the school campus, Monday-Thursday, from 9am-5pm, at 3 convenient locations in San Jose. No prior tutoring experience is required – only a commitment to working with a student on a regular basis one hour each week! Full training and on-site support is offered through the program to help you become as effective a tutor as possible. Tutors are needed starting in September, 2009. For more information, and to sign up, please visit our website at <a href="www.readingpartners.org/volunteer">www.readingpartners.org/volunteer</a> email us at volunteer@readingpartners.org or call 408-945-4720.

#### -Iola Williams Senior Program

Iola Williams Senior Center is looking for volunteers every Friday for their Brown Bag program from 7am to 11am. The Brown Bag volunteers put grocery items in bags and help the seniors put the bags in their cars. The senior center is also looking for volunteers for the Bingo program from 12:30pm to 3pm on Fridays. The Bingo volunteer would help with selling cherry bells, sodas, specials or call bingo numbers. If you are interested please call Cathy Noble at (408) 292-6592.

#### -The Tech Museum

**Become an Exhibit Explainer!** Exhibit Explainers are needed at The Tech to help interact with our guests. Volunteers will be trained on how to explain and operate various exhibits at The Tech which enables them to involve guests in the learning process during their visit. A background in science and technology is *not* required to become a volunteer. Adults with weekday availability are needed Monday through Friday on a weekly or bi-weekly basis. Choose one day of the week and one of two volunteer shifts: 8:30 AM - 1:00 PM or 12:30 PM - 5:00 PM. Please contact Carrie Pogorelc, Volunteer Recruiter, at volunteering@thetech.org or at (408) 795-6190.

*The Tech Museum - Volunteer Open House:* Are you thinking about volunteering at The Tech but have questions? Adults interested in learning more about The Tech Museum's volunteer program are invited to attend an Information Session: Monday, June 22nd; 12:00 PM - 1:30 PM; Tuesday, July 14th; 12:00 PM - 1:30 PM; Tuesday, August 18th; 12:00 PM - 1:30 PM

#### -Willows Senior Center

Willows Senior Center is looking for a retired nurse to volunteer and provide blood pressure screenings at Willows one day a week for two hours, preferably in the morning. We are flexible on days. For more information or to inquire about the position, please contact Janine Bray at (408) 448-6400.





# Volunteer Opportunities

#### -Senior Citizens Commission Recruitment Underway!

Who are commissioners? They are people just like you! The Mayor and City Council appoint 15 culturally diverse volunteers to the commission to serve a 3-year term.

What do they do? Members of the Senior Citizens Commission study, review and evaluate issues that may affect older adults in San Jose. They make appropriate recommendations to the Mayor and City Council. The commission meets the 2<sup>nd</sup> Thursday of each month from 1:30-4:30 at City Hall. A detailed commission brochure is available by calling Office on Aging (979-7915).

Who can Apply? Anyone over the age of 18 who resides in San Jose can apply at the City Clerks Office. For an application and more information, call 535-1260 or the Office on Aging at 979-7912.

### **Consumer Protection Resources**

-Their mission is to protect consumers from unfair and deceptive practices in the marketplace.

**Consumer protection publications:** Federal consumer resources:

www.ftc.gov www.consumer.gov

Answers to banking questions Official site to order your free annual credit report:

<u>www.fdic.gov</u> <u>www.annualcreditreport.com</u>

1-877-ASK-FDIC 1-877-322-8228

Foreclosure prevention counseling: Information about fraud/scams

www.995hope.org www.lookstoogoodtobetrue.com

1-888-995-HOPE

**Information about fake check scams:** Identity theft information:

www.fakechecks.org www.idtheft.gov

Reduce telemarketing calls: Reduce prescreened offers of credit and insurance:

www.DoNotCall.gov www.optoutprescreen.com

1-888-382-1222 1-888-5-OPTOUT

# Drowning in Junk Mail? Save Yourself AND the Environment



Junk mail is a huge waste of natural resources and your time.

The average American home receives the equivalent of 1.5 trees in their mailbox in the form of unsolicited mail every year. You can recycle junk mail, but it is better to stop receiving it. Take action, stop waste, save time and help fight global warming. It's much easier than you think.

#### Go online and download a FREE Stop Junk Mail Kit

at www.StopJunkMail.org

The kit shows you how to:

- Get off junk mailing lists.
- Keep new junk mail from finding its way into your mailbox.
- Ensure your name and address won't get traded, rented or sold to companies who send you unwanted mail.

# **RSVP Staff**

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# **RSVP Advisory Council**

Margaret Berry Connie Langford Pete Silva

Sally Zietzke Laverne Bisel Roger Lasson

Connie Susino Larry Saltman Tosca Sorci

Glenda Cresap Audray Andrews-Little Ron Schwartz

# Office on Aging

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